



Snapshots

Time required

(mins)

10-15 minutes; another
5-10 minutes for the
Extension



Key Stage 2

Learning outcomes

- ✓ I can describe and present values that are important to me
- ✓ I can understand and support what others value

Preparation time

None

Resources needed

None

Performing Values

Physicalising values, which this activity supports, can be a powerful way to help pupils understand their meaning while paving the way for deeper discussion about what pupils value as individuals and as a whole class.

What happens

1. Pupils and teacher stand in a circle.
2. Ask pupils if they understand what values are; ask for some examples.
3. Explain that we're going to explore values in a different way, by striking poses that represent how these values feel/look to us. Add that there is no right or wrong way to do this: it is up to each pupil.
4. Count down from three and say a value: brave, honest, kind, generous, determined etc. Pupils freeze in a pose they feel represents that value. Ask pupils to notice how others have responded.
5. Ask pupils to relax, then ask for volunteers to show their poses. Ask others what they notice.
6. Repeat as many times as seems useful.

Reflection questions:

- How did it feel to explore values in this way?
- What was similar or different about how you expressed these values compared to your classmates?
- What did you learn about your classmates/friends that you didn't know before?
- Use the activity as an opportunity to discuss stereotypes. Do we think people ever make assumptions about particular values? E.g. Can boys be gentle? Can girls be brave?

Extension:

1. Write down a variety of values on pieces of paper and place them in a hat or box.
2. Still in the circle, ask for volunteers to pick a value from the hat/box and pose it in the centre of the circle. Can pupils guess what value they're seeing? What about the pose expresses this? How might others express it differently?
3. Repeat as many times as seems useful.

This activity works well with:

- Strike a Pose (Snapshots)
- Desert Island Values (Selfies)

